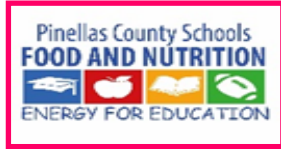


# September 2024

# Middle Lunch Menu



**Fun Fact!**

**Snap Beans**

- Snap beans can be green, yellow, purple, speckled, and more
- Green beans have a high level of vitamin K.
- After tomatoes and peppers, green beans are the third most common home-garden vegetable

**Daily Lunch Choices**

**Choose 1:**

- Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches

**Must Choose**

**at least 1:**

- Hot & Cold Vegetables
- Variety of Fruits & Juices (may choose up to 2 servings each of fruits & veggies with their meal)

**May Choose 1 Milk:**

- Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>LABOR DAY</b></p>	<p>3</p> <p><b>Choose One:</b>  <b>Beef or Pork Tacos</b>  <b>Mini Cheese Calzones</b>            Chicken Caesar Salad            Any Timers Cheese Pizza  <b>Choose:</b>            Refried Fiesta Beans            Marinara Sauce Cup            Sliced Cucumber Side Salad</p>	<p>4</p> <p><b>Choose One:</b>  <b>Tangerine Chicken w/ Rice &amp; Fortune Cookie</b>  <b>Macaroni &amp; Cheese w/ Roll</b>            Apple a Day Salad Plate            PBJ Uncrustable Kit  <b>Choose:</b>            Broccoli Florets            House Mixed Side Salad</p>	<p>5</p> <p><b>Choose One:</b>  <b>Pizza Variety</b>  <b>Crispy Chicken Sandwich</b>  <b>Spicy Chicken sandwich</b>            Chicken BLT Salad            Any Timers Turkey &amp; Cheese  <b>Choose</b>            Deli Roasted Potato            Romaine Side Salad</p>	<p>6</p> <p><b>Choose One:</b>  <b>Brunch for Lunch</b>  <b>Alaskan Fish Sticks &amp; Tater Tots Basket w/ Goldfish Pretzels</b>            Fruit &amp; Yogurt Plate            PBJ Uncrustable Kit  <b>Choose</b>            Crispy Tator Tots            Carrot Dippers Side Salad</p>
<p>9</p> <p><b>Choose One:</b>  <b>Grilled Cheese • Ham &amp; Cheese</b>  <b>Cherry Blossom Chicken w/ Lo Mein &amp; Fortune Cookie</b>            Apple a Day Salad Plate            PBJ Uncrustable Kit  <b>Choose:</b> Tomato Soup            Farmstand Veggie Dippers</p>	<p>10</p> <p><b>Choose One:</b>  <b>Max Snax Quesadilla</b>  <b>Chicken Cheese Quesadilla</b>  <b>Meat Lovers Stromboli</b>            Chicken Caesar Salad            Any Timers Cheese Pizza  <b>Choose:</b> Green Beans            Marinara •Salsa •Cucumber</p>	<p>11</p> <p><b>Choose One:</b>  <b>Cheesy Bread • Marinara</b>  <b>Popcorn Chicken Bowl w/ Biscuit</b>            Yogurt, Fruit &amp; Granola Parfait            PBJ Uncrustable Kit  <b>Choose:</b> Corn Niblets            Mashed Potato &amp; Gravy</p>	<p>12</p> <p><b>Choose One:</b>  <b>Pizza Variety</b>  <b>Chicken &amp; Veg Dumplings w/ Chicken Stir-Fried Rice</b>            Chicken Caesar Wrap            Any Timers Turkey &amp; Cheese  <b>Choose:</b>            Broccoli Florets • Romaine</p>	<p>13</p> <p><b>Choose One:</b>  <b>Hamburger on a Bun</b>  <b>Cheeseburger on a Bun</b>  <b>Baja Fish Tacos w/Tortillas</b>            Fruit &amp; Yogurt Plate            PBJ Uncrustable Kit  <b>Choose:</b> Baked Beans            Carrot Dippers Side Salad</p>
<p>16</p> <p><b>Choose One:</b>  <b>Chicken Tenders &amp; Waffles</b>  <b>Cheese Pizza Crunchers</b>            Chicken BLT Salad            PBJ Uncrustable Kit  <b>Choose:</b>            Corn Niblets            Farmstand Veggie Dippers</p>	<p>17</p> <p><b>Choose One:</b>  <b>Cheese Max Sticks</b>  <b>BBQ Pork &amp; Cheese Nachos</b>            Crispy Chicken Wrap            Any Timers Cheese Pizza  <b>Choose:</b>            Santa Fe Black Beans            Marinara Sauce Cup•Salsa Cup            Sliced Cucumber Side Salad</p>	<p>18</p> <p><b>Choose One:</b>  <b>Teriyaki Beef Dippers w/ Rice &amp; Fortune Cookie</b>  <b>Corn Dog Fry Basket w/ Cheez-It's Crackers</b>            Yogurt, Fruit &amp; Granola Parfait            PBJ Uncrustable Kit  <b>Choose:</b>            Crinkle Crispy Fries            House Mixed Side Salad</p>	<p>19</p> <p><b>Choose One:</b>  <b>Pizza Variety</b>  <b>Breaded Chicken Drumstick w/ Macaroni &amp; Cheese</b>            Apple a Day Salad Plate            Chicken Caesar Wrap            Any Timers Turkey &amp; Cheese  <b>Choose</b>            Green Beans            Romaine Side Salad</p>	<p>20</p> <p><b>Choose One:</b>  <b>Chicken Penne Alfredo w/ Garlic Bread</b>  <b>Crunchy Breaded Alaskan Fish Sandwich</b>            Fruit &amp; Yogurt Plate            PBJ Uncrustable Kit  <b>Choose:</b>            Broccoli Florets            Carrot Dippers Side Salad</p>
<p>23</p> <p><b>Choose One:</b> <b>Dill Chicken Nuggets &amp; Cheez-It's</b>  <b>Penne Pasta &amp; Meat Sauce w/ Garlic Bread</b>            Yogurt, Fruit &amp; Granola Parfait            Turkey Club Wrap            PBJ Uncrustable Kit  <b>Choose:</b> Sweet Potato Fries            Farmstand Veggie Dippers</p>	<p>13</p> <p><b>Choose One:</b>  <b>Beef or Pork Tacos</b>  <b>Mini Cheese Calzones</b>            Chicken Caesar Salad            Any Timers Cheese Pizza  <b>Choose:</b>            Refried Fiesta Beans            Marinara Sauce Cup            Sliced Cucumber Side Salad</p>	<p>14</p> <p><b>Choose One:</b>  <b>Tangerine Chicken w/ Rice &amp; Fortune Cookie</b>  <b>Macaroni &amp; Cheese w/ Roll</b>            Apple a Day Salad Plate            PBJ Uncrustable Kit  <b>Choose:</b>            Broccoli Florets            House Mixed Side Salad</p>	<p>15</p> <p><b>Choose One:</b>  <b>Pizza Variety</b>  <b>Crispy Chicken Sandwich</b>  <b>Spicy Chicken sandwich</b>            Chicken BLT Salad            Any Timers Turkey &amp; Cheese  <b>Choose</b>            Deli Roasted Potato            Romaine Side Salad</p>	<p>16</p> <p><b>Choose One:</b>  <b>Brunch for Lunch</b>  <b>Alaskan Fish Sticks &amp; Tater Tots Basket w/ Goldfish Pretzels</b>            Fruit &amp; Yogurt Plate            PBJ Uncrustable Kit  <b>Choose</b>            Crispy Tator Tots            Carrot Dippers Side Salad</p>
<p>19</p> <p><b>Choose One:</b>  <b>Grilled Cheese</b>  <b>Grilled Ham &amp; Cheese</b>  <b>Cherry Blossom Chicken w/ Lo Mein &amp; Fortune Cookie</b>            Apple a Day Salad Plate            PBJ Uncrustable Kit  <b>Choose:</b> Tomato Soup            Farmstand Veggie Dippers</p>				<p>23</p> <p>Menus are subject to change!</p> <p>We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!</p>

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